

# Request regarding COVID-19

## 《Before donating blood》

If you fall under the following category

### **Please refrain from donating blood.**

- ◆ Those who have been diagnosed with COVID-19 or have tested positive for COVID-19 (PCR or antigen test) and have been in the hospital **for 4 weeks since symptoms disappeared** (or from the date of specimen collection for the positive test if asymptomatic).
- ◆ Those who have had symptoms suspected to be caused by the new coronavirus, including fever and acute respiratory symptoms such as coughing and difficulty breathing, **for the past two weeks**. Those who have had symptoms disappear **for up to three days**.  
Those who live with a person infected with COVID-19 and have been infected **for the past week**

## 《After donating blood》

To those who donated blood

**If any of the following apply to you, please contact the blood center as soon as possible and tell us the date of blood donation, your name, and date of birth.**

- Within two weeks after donating blood
  - 1) You have been diagnosed with COVID-19 or your COVID-19 test (PCR or antigen test) has been positive.
  - 2) You have had symptoms that may be related to COVID-19, including fever and respiratory symptoms such as coughing or difficulty breathing.
- Someone living with you was infected with COVID-19 or had suspected symptoms by the day after you donated blood.

We may also ask you about the occurrence of symptoms, etc. Please rest assured that the privacy of those who contact us will be protected.

For a list of blood centers, please click here  
<https://www.jrc.or.jp/about/search/bloodcenter>